

A Picture of Your Heart

1. What is the heart? “A person’s center for _____, _____, _____, and _____ activities.”

- *Baker’s Bible Dictionary*

“The very _____ of life” – Charles Ryrie

2. What are the functions of the heart?

1. The heart is where we _____ and _____ to live by.

2. The heart is where we experience _____.

3. The heart is where we _____ and we feel _____.

4. The heart is where we experience _____ and _____ - where our conscience resides.

5. The heart is where we experience _____.

3. David’s negative pictures:

1. Psalm 102:1-7 –

2. Psalm 22:11-18 –

4. David’s positive pictures:

1. Psalm 4:7; Psalm 28:7; Psalm 52:8 –

2. Psalm 23; Psalm 100:3 –

3. Psalm 124:7; Psalm 55:6-8 –

Caring For Someone Else’s Heart

1. I know I haven’t done a very good job of caring for your heart. Would you help me to learn to care for your heart in a way that really helps you to feel cared for?

2. Sometimes when I say things and do things it makes you feel not cared for. It makes you feel like you’re not good enough and don’t measure up. Can I care about how I make you feel?

3. I really want for us to have a good relationship. I know that sometimes, maybe often, I push you away with the things I say and do. Would you be able to forgive me and even help me to care for you in a way that makes you feel cared about?

4. I know that these are some of the things that make you feel rejected, unimportant or pushed away:

- correcting the things you say and do
- being concerned about how you spend money, or time
- pushing you to _____
- comparing you to other people
- not opening up about the things you think about
- other _____

Can I care about the times that I _____ and make you feel _____?

5. When you get angry with me, or pull away, I want to see it as a reminder that I need to care for your heart.